



Punjabi Community Health Services invites you to join us for our

Fifth Annual Seniors' Health Mela

JUNE 22, 2014

Event Highlights:

- ❖ **Osteoporosis: Presentation by Parveen Sohrab and team (Osteoporosis Canada)**
- ❖ **Organ and Tissue Donation: Presentation by Jasmine Lobo (CASSA)**
- ❖ **Information about Hindu\ Sikh Funeral system By Ajit S. Rakhra**
- ❖ **Agency Booths And information**
- ❖ **Physical Exercise with Zumba**
- ❖ **Entertainment by Seniors**
- ❖ **Light Refreshments & Lunch will be served**



Date: June 22, 2014 (Sunday)



Time: 11:00 AM to 4:00 PM

Venue: 11730 Airport Road, Brampton, ON.L6R0C7

To RSVP, please call Sukhdeep @ 905.790.0808 or e-mail at intake@pchs4u.com (by June 16, 2014)



Free Admission!

Our Partners:

